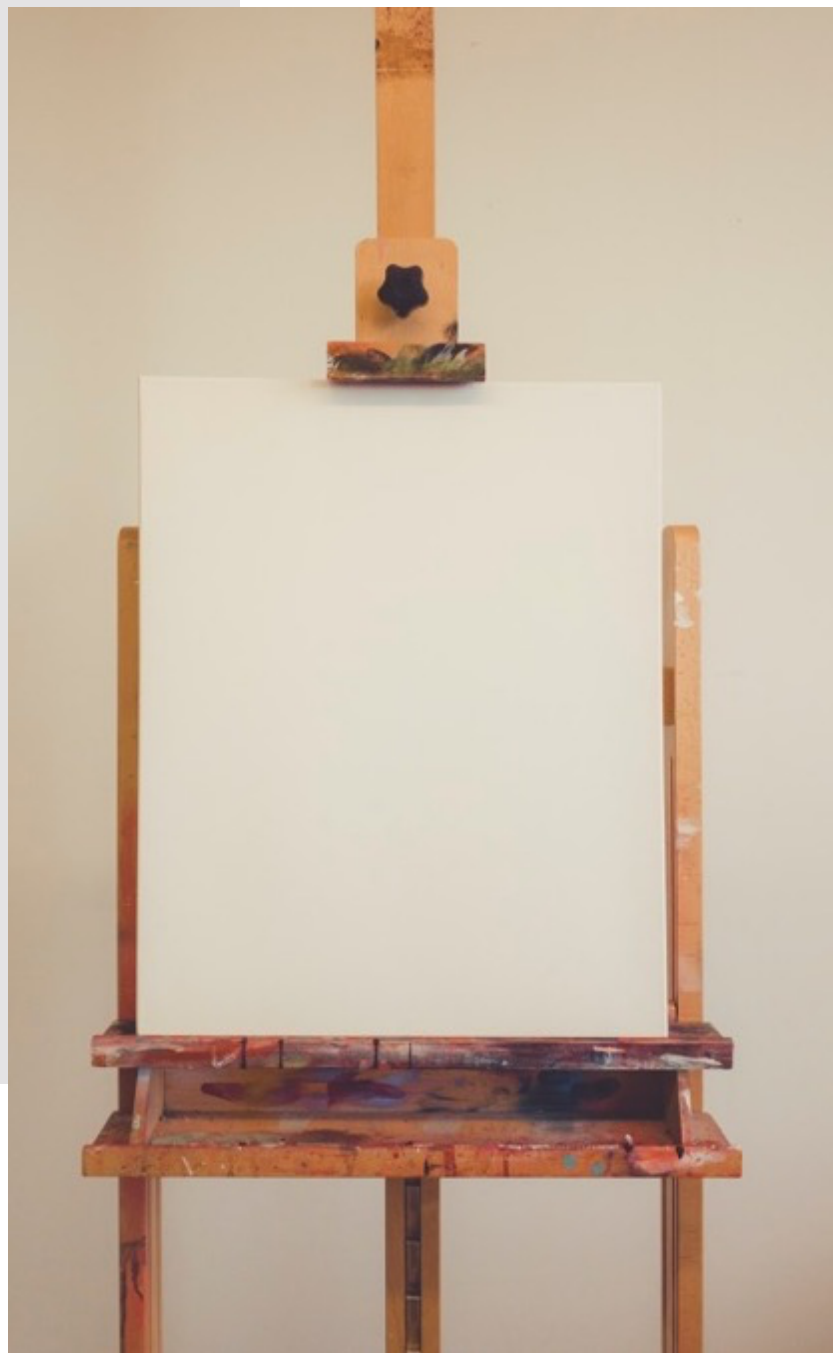


—  
**Design  
Your  
Career  
Canvas**



INCLUSIONEM

# 1. introduction

---

The COVID-19 crisis has boosted transformations driven by automation and digitization, subsequently showing us that skills shift needs to happen. Therefore, we need to rethink reskilling for the post-pandemic world, not only for the existing generation of leaders, but the one to come as well. The demand for basic cognitive and manual skills will fall and we will see a higher demand for technological, social, and emotional skills.

With this workshop and supportive booklet, we want to help you to understand your why and where. You can then design your own career canvas filled not only with actions and steps, but mostly with purpose guide and motivate you.



## 2. the canvas

---

Our lives are filled with three main things: survival, endurance and innovation. The red thread is to create goals and the pathways to reach them. However, the most important factor to understand is why you want to get there and what will motivate and help you to reach your desired destination. This is the essence of designing your own career canvas.

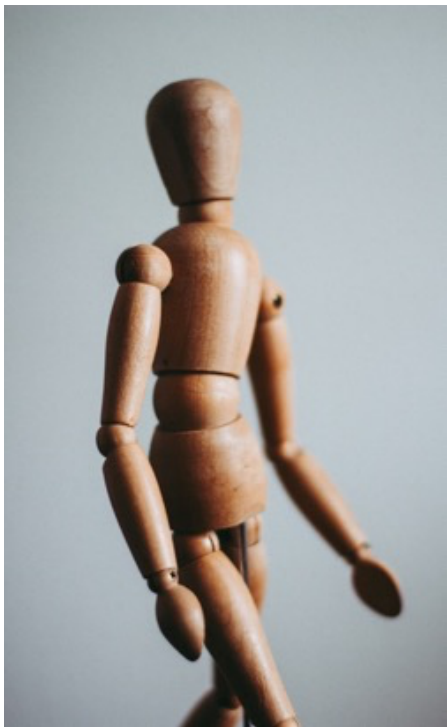
What do you need to set the right goals? Motivation is a “battle inside your mind” where different ideas, plans, emotions and needs compete with each other. This is why we as human beings often change what we want.

There are three durable sources to help you choose something that motivates you in the long run.

**Control** - is all about what you are good at and gives you energy

**Communion** - having healthy relationships

**Agency** - Autonomy is about having the opportunity to contribute to what matters most to us. And this is reflected very much in our core values that we believe in and embody



# Control

Skills, Personality, Character, Influence, Impact

Skills	Personality	Character	Influence & Impact

- 1
- What do you like about yourself?
- 2
- What activities at work do you look forward to do and why?
- 3
- What are you proud of about yourself?
- 4
- What do you get complimented on most?
- 5
- What accomplishments are you most proud of and why?
- 6
- What brings out the best in you? Why?
- 7
- What brings the worst out of you and why?
- 8
- What motivates you to get up even when you can't?



# Communion

Relationships, People,  
Mentoring, Sponsorship

Who do you interact with?	
Who do you need to stop pleasing?	
Who should be your mentor, sponsor?	
Who is there to support, encourage, push and challenge when needed?	



# Agency

What do you believe in?

A world at peace	Happiness	Sense of accomplishment
Family security	Wisdom	Inner harmony
Freedom	National security	A comfortable life
Equality	Salvation (Eternal life)	Mature love
Self Respect	True friendship	A world of beauty
Pleasure	Social recognition	An exciting life

## What are your top 3 values?

Value	Why is this important to you?
1.	
2.	
3.	



# The Road

From Here to There...

## Here is where you are now..

Are you satisfied?

Is something missing?

What is working and what is not working?

## There is a vision, picture of the future that creates passion, energy and motivation in you...

Where are you going?

Where do you want to have impact?

# I N C L U S I O N E M

Key stakeholders (mentors & sponsors)	Key Activities (What kind of tasks and activities do you see yourself doing)	The Values that will drive and motivate you	Key healthy Relationships (to support, encourage, challenge)
What resources can you offer? (your strengths)		What value do you add?	
How will you do it?			
What can stop, interfere or won't allow you to get there?			



# Thank you

KEEP THE CONVERSATION GOING  
@INCLUSIONEM



INCLUSIONEM.COM